

NESLT Research Symposium July 2020**Service Evaluation of Aphasia Group Therapy in North Northumberland**

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Poster Presentation

linked to Professional Context project Autumn 2019

Abstract: Background

- Aphasia Groups run approximately twice-yearly in Alnwick & Berwick for PWA (4-10 members) for shared structured activities, either over 6-week blocks or Long Term follow up ("Review & Maintenance) intermittently
- Members are at a variety of stages post-onset and may be receiving Group therapy as their only form of SLT ongoing input

Project Aims

1. Review current evidence literature on guidelines for long-term follow up (for PWA), as an evidence base for block/intermittent therapy delivery models
2. Develop a self-rating evaluation tool for Group member feedback on the impact of Group participation (for both initial block therapy and long-term follow-up models)
3. Consider how SLTs can evaluate the lasting impact of Group therapy input between blocks

Method

1. Observations of Initial Group Therapy clients
2. Qualitative feedback via interview and/or questionnaire with longer term clients
3. Literature search of long term follow up for PWA and of rating scales
4. Discussion with CE of client profiles and service delivery models

Outcomes

1. Replicable evaluation tool for client self-rating impact of Group therapy (initial/long term)
2. Suggested indications for Service Delivery model, with regard to dosage, frequency, focus (e.g.compensatory strategies, communication confidence)